



YOGA & PILATES



YOGA

**DESIGNED TO PROVIDE SUPERIOR
AND COMFORTABLE FOUNDATION
FOR ANY YOGA PRACTICE.**



5mm PREMIUM YOGA MAT

NATURAL RUBBER BASE ALLOWS THE MAT TO STICK WELL ON THE FLOOR BY GIVING CONFIDENCE TO PERFORM DIFFICULT ASANAS DURING YOGA PRACTICE. PU TOP LAYER OFFERS AN EXCELLENT GRIP AND PLEASANT FEEL.

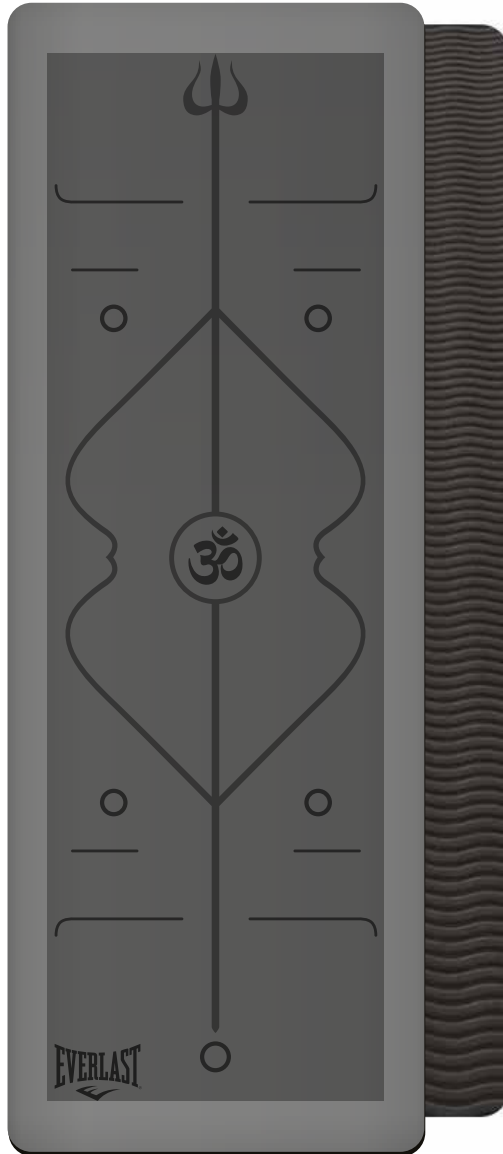
Body alignment lines help you to focus and adjust your hands and feet to the accurate position while doing. Yoga exercises.

Durable, strong and easy to clean.
Superior water imbibition properties.
Covenient carrying string included.

183cm x 68cm x 5mm

SKU:EVRMOW501 **COLOR:**Black
SKU:EVRMOW502 **COLOR:**Grey
SKU:EVRMOW503 **COLOR:**Blue

SKU:EVRMOW504 **COLOR:**Green
SKU:EVRMOW505 **COLOR:**Purple
SKU:EVRMOW506 **COLOR:**Pink



CARRY STRAP INCLUDED



TPE YOGA MAT

24" x 72" x 0.24"

61cm x 183cm x 6mm

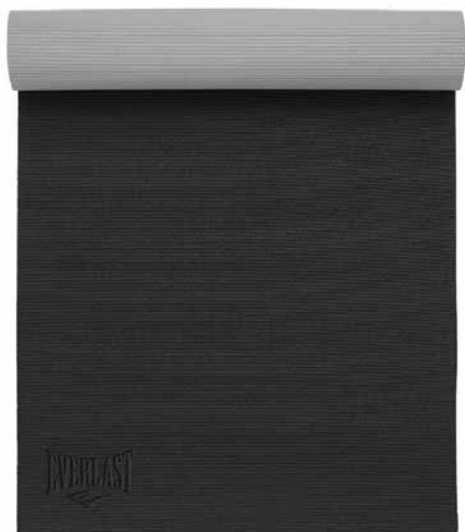
Superior and comfortable foundation for any yoga practice.
Non-slip surface provides stability.
Cushioned for extra comfort.
Suitable for beginners or expert.
Washable-just use soap and water.
Our unique TPE Foam naturally provides the extra traction needed to improve the user's stability.
Additional support is provided by the specially designed patterns.
Which further enhance the grip under dry or wet surfaces.
Our close-cell structure keeps the mat from bottoming out and provides users the support needed to prevent potential injuries caused by hard surface.
Provides comfort & support.
Studio quality.
Lightweight and durable.

SKU: EYVMTW86-BK BLACK

SKU: EYVMTW86-BL BLUE

SKU: EYVMTW86-RD RED

YOGA MATS



6mm PVC Two Tone YOGA MAT

DESIGNED TO PROVIDE SUPERIOR AND COMFORTABLE FOUNDATION FOR ANY YOGA PRACTICE.
NON-SLIP SURFACE PROVIDES STABILITY.
CUSHIONED FOR EXTRA COMFORT.
SUITABLE FOR BEGINNERS OR EXPERTS.

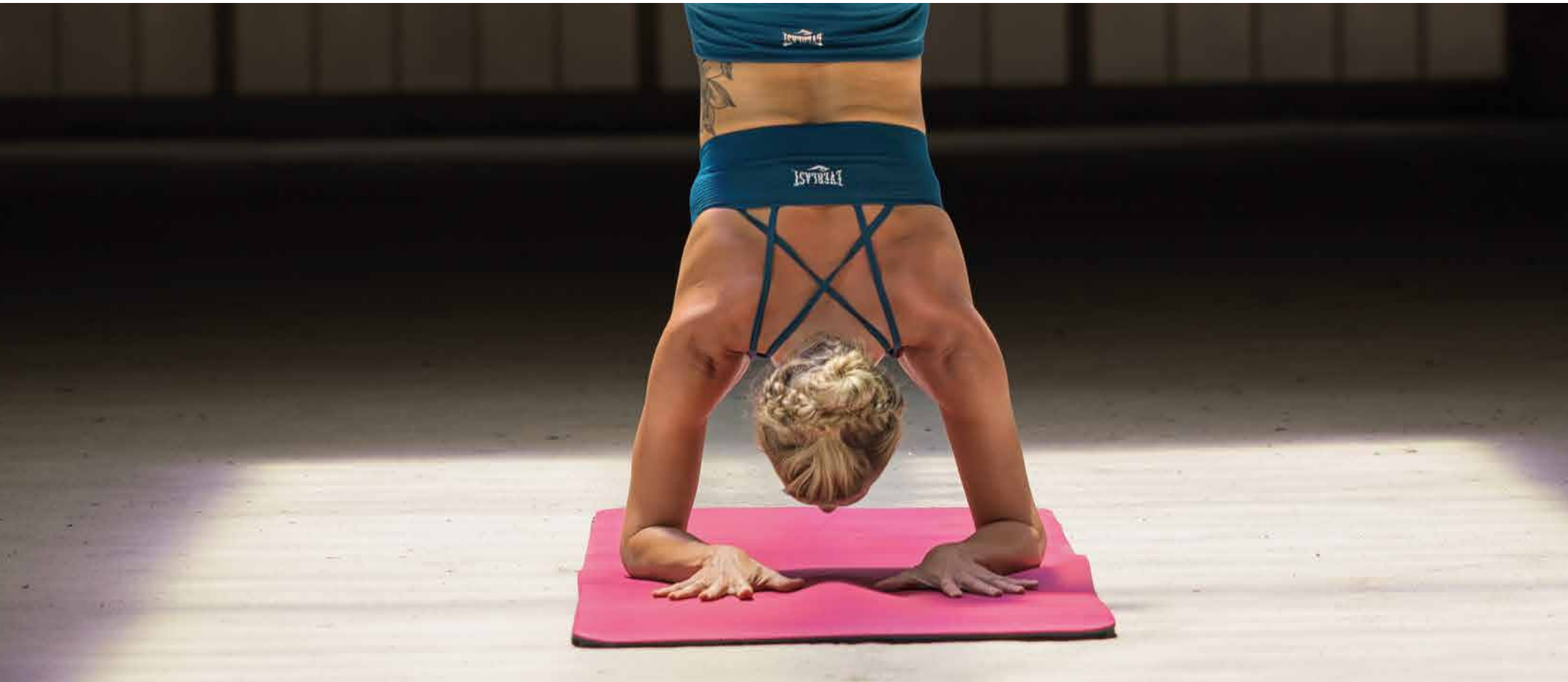
61cm x 173cm x 6mm

SKU: EVYM62T1 COLOR: Black / Grey

SKU: EVYM62T2 COLOR: Purple



YOGA MATS



YOGA MAT

61cm x 172cm x 4mm

Designed to provide superior and comfortable foundation for any yoga practice.

Ultra-lightweight construction.

Durable, no-slip traction.

Cushioned for extra comfort.

Washable-just use soap and water.

SKU: EVYM045

COLOR:Pink



TPE YOGA MAT

Superior and comfortable foundation for any yoga practice.

Non-slip surface provides stability.

Cushioned for extra comfort.

Suitable for beginners or expert.

Washable-just use soap and water.

Our unique TPE Foam naturally provides the extra traction needed to improve the user's stability.

Additional support is provided by the specially designed patterns.

Which further enhance the grip under dry or wet surfaces.

Our close-cell structure keeps the mat from bottoming out and provides users the support needed to prevent potential injuries caused by hard surface.

Provides comfort & support.

Studio quality.

Lightweight and durable.

24" x 72" x 0.24"
61cm x 183cm x 4mm

SKU: EVYM1TW41-BK **COLOR:** Black

SKU: EVYM1TW41-PK **COLOR:** Purple



BLACK / GREY



DARK GREY

PREMIUM RUBBER YOGA MAT

Combines the goodness of rubber with the performance You need for your demanding yoga practice, offering Unparalleled traction on both sides.

The heavy studio quality and the open-pore surface of the Natural rubber makes for an extremely grippy mat, even Under the sweatiest conditions, providing extremely good Cushioning.

Soft, flexible and with good memory character free of Chemicals, allergens and any harmful substances.

Instructions for care: the mat is not washable, simply wipe To clean with a damp cloth and air to dry.



MARBEL BLUE



BLUE



LIGHT BLUE



GREEN



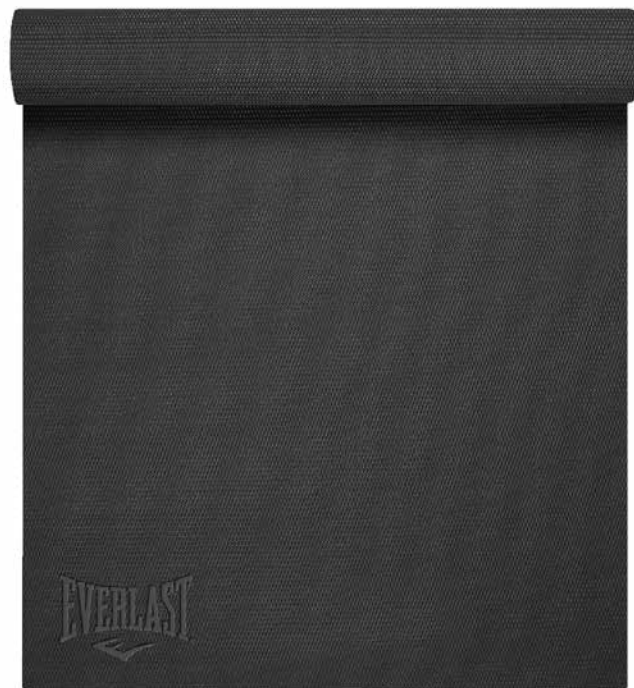
GREEN / D.GREEN



PURPLE

SKU: EVRY7D681	BLACK / GREY	5 MM 24"x 68"
EVRY7D682	DARK GREY	3 MM 24"x 68"
EVRY7D722	MARBEL BLUE	5 MM 24"x 72"
EVRY7D723	BLUE	6.5 MM 24"x 72"
EVRY7D724	LIGHT BLUE	5 MM 24"x 72"
EVRY7D726	GREEN	5 MM 24"x 72"
EVRY7D728	GREEN / D.GREEN	5 MM 24"x 72"
EVRY7D729	PURPLE	5 MM 24"x 72"

YOGA MATS



6mm YOGA MAT

DESIGNED TO PROVIDE SUPERIOR AND COMFORTABLE FOUNDATION FOR ANY YOGA PRACTICE.

Non-slip surface provides stability.

Cushioned for extra comfort.

Suitable for beginners or experts.

Washable - just use soap and water

61cm x 172cm x 6mm

SKU: EVYM661 **COLOR:** Black

SKU: EVYM662 **COLOR:** Grey

SKU: EVYM663 **COLOR:** Blue

SKU: EVYM664 **COLOR:** Pink

SKU: EVYM666 **COLOR:** Red

SKU: EVYM668 **COLOR:** Purple





BLUE



PURPLE



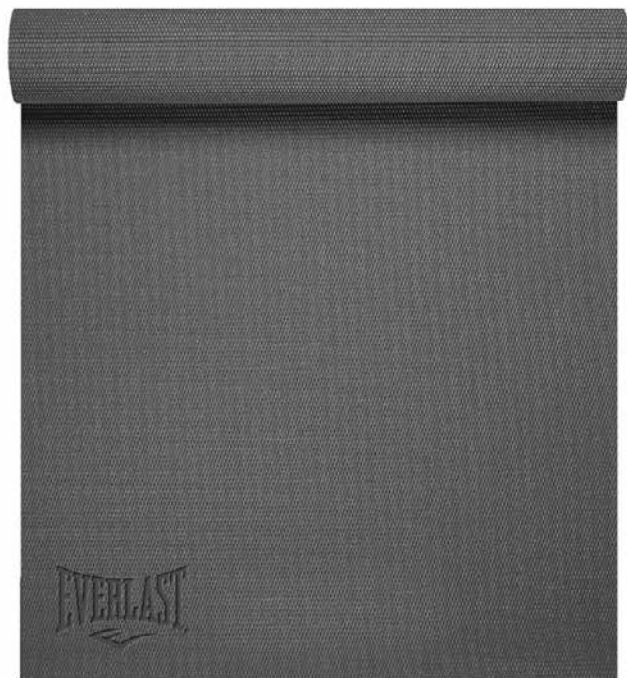
NAVY

YOGA MAT

Designed to provide superior and comfortable.
Foundation for any yoga practice.
Ultra-lightweight construction.
Durable, no-slip traction.
Cushioned for extra comfort.
Washable-just use soap and water.

61cm x 173cm x 4mm

SKU: **EVYM4000**



3mm YOGA MAT

DESIGNED TO PROVIDE SUPERIOR AND COMFORTABLE FOUNDATION FOR ANY YOGA PRACTICE.

Non-slip surface provides stability.

Cushioned for extra comfort.

Suitable for beginners or experts.

Washable - just use soap and water

61cm x 172cm x 3mm

- | | |
|---------------------|------------------------|
| SKU: EVYM020 | COLOR: Black |
| SKU: EVYM021 | COLOR: Charcoal |
| SKU: EVYM022 | COLOR: Navy |
| SKU: EVYM023 | COLOR: Blue |
| SKU: EVYM025 | COLOR: Pink |
| SKU: EVYM027 | COLOR: Red |
| SKU: EVYM028 | COLOR: Fuchsia |
| SKU: EVYM029 | COLOR: Purple |



6mm TPE YOGA MAT

SUPERIOR GRIP

OUR UNIQUE TPE FOAM NATURALLY PROVIDES THE EXTRA TRACTION NEEDED TO IMPROVE THE USER'S STABILITY. ADDITIONAL SUPPORT IS PROVIDED BY THE SPECIALLY DESIGNED PATTERNS, WHICH FURTHER ENHANCE THE GRIP UNDER DRY OR WET SURFACES.

EXCEPTIONAL SUPPORT

OUR CLOSE-CELL STRUCTURE KEEPS THE MAT FROM BOTTOMING OUT AND PROVIDES USERS THE SUPPORT NEEDED TO PREVENT POTENTIAL INJURIES CAUSED BY HARD SURFACES.
LIGHT WEIGHT

ABOUT TPE MAT

OUR DEGRADABLE YOGA MAT IS MADE FROM TPE (THERMAL PLASTIC ELASTOMER), WHICH CONTAINS NO HAZARDOUS ELEMENTS SUCH AS PHTHALATE. BESIDE THE CONSIDERATIONS FOR USER'S SAFETY, THE SUPERIOR PERFORMANCE OF OUR TPE MAT IS OBVIOUS IN ITS GRIP AND PROTECTION THROUGH EXCEPTIONAL SUPPORT OF YOGIS' MOVEMENTS.

SKU: EYMTW600

6mm
61x172cm



ASSORTED COLORS



EXERCISE MATS



EASY TO CARRY ON



EASY TO CARRY

10mm SUPER GRIP FITNESS MAT DOUBLE CUSHION

DESIGNED TO PROVIDE SUPERIOR AND COMFORTABLE FOUNDATION FOR ANY YOGA PRACTICE.

Non-slip surface provides stability.

Cushioned for extra comfort.

Suitable for beginners or experts.

Washable - just use soap and water

EMBOSSED SWIRL

58cm x 165cm x 10mm
NON SLIP TEXTURIZED SURFACE

SKU: EVEM1S3-PK COLOR: Pink

SKU: EVEM1S3-BL COLOR: Blue



15mm NBR EXERCISE MAT DOUBLE CUSHION

The yoga pilates exercise nbr mat is an excellent mat.

For people on the move, or for studios tight.

On storage space.

Non-slip surface provides stability.

Cushioned for extra comfort.

Suitable for beginners or experts.

Washable - just use soap and water.

68 x 173cm x 15mm

SKU: EVEM111 COLOR:Blue

SKU: EVEM112 COLOR:Charcoal

SKU: EVEM113 COLOR:Black



10mm HIGH DENSITY NBR EXERCISE MAT

71" long 24" wide ensures comfort.

1/2" thick high-density foam protects wrists, knees, elbows, head, neck and ankles effectively.

Textured surface stabilizes your body and keeps you from slipping.

Sweat resistant feature makes it easy to clean.

Eco- friendly NBR material is non-toxic and odorless, and it's durable for long lasting use.

Portable and lightweight.

Carrying strap is included for easy transport and storage.

Perfect for all types of yoga, pilates and other floor exercises.

61cm x 172cm x 10mm

SKU: EVEM010 COLOR:Black

SKU: EVEM014 COLOR:Blue

SKU: EVEM016 COLOR:Purple



WORKOUT MAT



ELITE WORKOUT MAT WITH EYELETS

Durable 6mm thick foam mat.Great for any floor exercise.
Lightweight and easy to roll up.2 eyelets design allows easy storage.
Easy to clean with a damp cloth.
It can hold exercise equipment on its surface protecting floors from scratches.

177cm x 65cm x 6mm

SKU: EVGM7L200 BLACK



YOGA BLOCKS



YOGA EVA BLOCKS

MADE OF LIGHTWEIGHT FOAM

Use at three different heights for support.

Rounded edges for comfort yoga blocks are firm, strong and comfortable.

They have beveled edges, so they can be packed and stored easily.

Yoga blocks align the body and help support the weight so various poses can be performed.

SKU: EVYBK596-AQ	COLOR: Aqua
SKU: EVYBK596-PR	COLOR: Purple
SKU: EVYBK596-BL	COLOR: Blue
SKU: EVYBK596-LM	COLOR: Lime
SKU: EVYBK596-RD	COLOR: Pink
SKU: EVYBK596-OR	COLOR: Orange
SKU: EVYBK596-MB	COLOR: Moroccan-blue
SKU: EVYBK596-CL	COLOR: Coral
SKU: EVYBK596-GY	COLOR: Grey
SKU: EVYBK596-BK	COLOR: Black
SKU: EVYBK596-FU	COLOR: Fuchsia
SKU: EVYBK596-VI	COLOR: Purple
SKU: EVYBK596-LI	COLOR: Lilac
SKU: EVYBK596-PK	COLOR: Pink

2 TONE YOGA BLOCK

Made Of Lightweight Foam.

Use At Three Different Heights For Support.

Round Edges For Extra Comfort.

SKU: EVYBK52T-GY	COLOR: Grey
SKU: EVYBK52T-BL	COLOR: Blue
SKU: EVYBK52T-PK	COLOR: Pink
SKU: EVYBK52T-PR	COLOR: Purple

CORK YOGA BLOCK

Cork yoga bricks are a great option to help any body type adapt to different yoga postures. These bricks can also be used to extend the stretch of some advanced poses.

Great texture, comfortable and pliable, these bricks provide optimal grip and traction. They are made from all-natural materials. Rounded edges for extra comfort.

SKU: EVYBK2C2 **COLOR:** Cork



MAT CARRYING STRAP

Adjustable loops for comfortable carrying of your mat.
Compact storage.
Lightweight and durable.
Fits most standard mats.

SKU: EYVC0W880 **COLOR:** Gray



YOGA MAT BAG

Carry your yoga mat.
Easily and comfortably with the yoga mat bag.

SKU: EYVMB001 **COLOR:** BLACK



YOGA / DANCING SHOES

Light training shoes
Provides support for all indoor sports practised barefoot.
Ideal for yoga, pilates and dancing.
Elastic foam material ball and heel with light non slippadding.
Machine washable.

SKU: EVYS6S44 **COLOR: CHARCOAL**

S - M - L
37/38 39/40 41/42



DELUXE COTTON YOGA-STRAP

100% COTTON
Increase your flexibility
Excellent for stretching exercises
Helps extend reach to hit hard poses
Machine washable; dry flat
68"long * 1.5"width

SKU: EVCS6S80 **COLOR: BROWN**



YOGA MAT SKIDLESS TOWEL

SUPER-ABSORBENT MICROFIBER TOWEL
AND ANTI-SLIP MAT IN ONE

Keeps your hands and feet from slipping mid-strech. PVC nubs grip the mat or carpet
Super absorbent and hygienic. Machine-washable and dryer-safe

183cm x 61cm

SKU: EYVT121 **COLOR:** BLUE - PURPLE



GRIPPY YOGA TOWEL

The perfect complement to any yoga practice, this extra abosbent towel is
ideal for all yoga activities.

The non-slip backing keeps your towel in place, while the microfiber
top side absorbs quickly and dries in half the time of ordinary towels.
Sized to fit directly on top of your yoga mat.

172 x 61cm / 68" X 24"

SKU: EYVT420 **COLOR:** GREY / LIME



YOGA MAT SKIDLESS TOWEL

Super-absorbent microfiber toweland anti-slip mat in one measures.
Unrivalled grip for yoga and pilatesworkouts.
Mid-stretch nubs grip the mat orcarpetsuper absorbent and hygienic
machine-washable and dryer-safe.

183cm x 61cm / 72" X 24"

SKU: EYVT156-MB **COLOR:** BLUE
EYVT156-PR **COLOR:**PURPLE
EYVTD160-BL **COLOR:** BLUE TIE-DYE

PILATES





**ENGINEERED FOR:
WORK THE CORE
ABDOMINALS,
IMPROVE
FLXIBILITY,
SCULPT A STRONG,
STREAMLINE PHYSIQUE**



PILATES RESISTANCE BANDS

The RESISTANCE BAND, also known as the FLEX-BAND, is a stretchy strip of latex that can add an element of light resistance to a pilates workout.

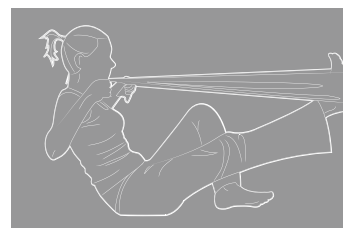
This tool is used in other fitness disciplines and rehabilitation techniques, but lends itself particularly well to pilates as it helps to:

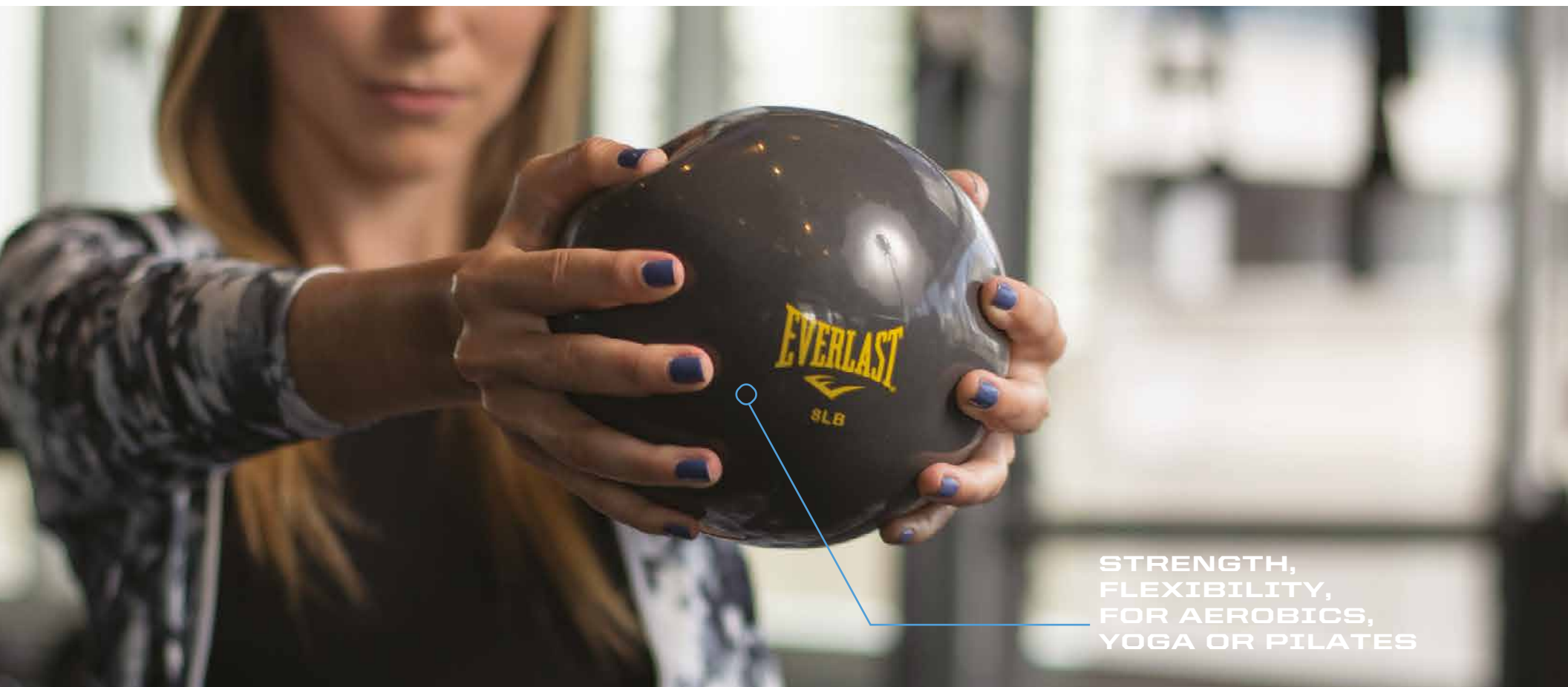
- Target the upper and lower body.
- Work the core abdominals.
- Improve flexibility.
- Enhance joint mobility.
- Focus the mind and body.
- Sculpt a strong, streamlined physique.

3 BANDS SET
120cm x 15cm

SKU: EVLX5S83 **COLOR:** Black / Grey / Yellow

- HIGH RESISTANCE
- MEDIUM RESISTANCE
- LOW RESISTANCE





STRENGTH,
FLEXIBILITY,
FOR AEROBICS,
YOGA OR PILATES



FITNESS BALL

STRENGTH, FLEXIBILITY, FOR AEROBICS, YOGA OR PILATES

Ideal For Core Workouts

Ideal For All Fitness Levels

Easy Grip Soft Vinyl Exterior

Develop Strength And Flexibility

Shape And Tone

SKU: EVFB1S05 COLOR: Pink (5lb)

SKU: EVFB1S08 COLOR: Grey (8lb)



TOP PERFORMANCE STABILITY BALL



65
cm



INCLUDES
DOUBLE ACTION INFLATING PUMP.

PRODUCT FEATURES

EXTRA THICK & ANTI-BURST

This high density balance ball carry the stress of heavy loads up to 1100lbs (500 KG). The stability ball will never burst if punctured and instead excess loads above this weight will cause the ball to deflate slowly to ensure your safety.

DURABLE & ANTI-SLIP

The yoga ball made from professional quality PVC materials that are nontoxic, free of BPA, latex, heavy metal and phthalate.

The PVC body has a matte surface with horizontal ribs.

Even with sweat, the fitness ball will not slip when playing, bouncing or squeezing.

VERSATILE USE

Ideal for gyms and studio use, home exercise, yoga, Pilates, pregnancy exercises, abdominal training and core strength improving.



RATED UP TO
1100 LBS



360°
ANTI-SLIP DESIGN

HEAVY DUTY
UP TO 1100 LB/500 KG

SKU:EVYB1B006 COLOR: Black

PILATES AND YOGA BALLS



55
cm



65
cm



75
cm

ANTI-BURST GYM BALL

IDEAL FOR YOGA, PILATES, STRENGTH TRAINING, CORE TRAINING, STRETCHING, TONING AND RESISTANCE EXERCISES.

USE TO STRENGTHEN AND TONE YOUR HIPS, BACK, LEGS, AND HOULDERS WITHOUT ADDITIONAL STRESS ON THE SPINE OR HIPS.

Product Features

Helps Improve Balance, Coordination And Flexibility.

Ideal For Core Strength Training, Stretching, Toning, Resistance Exercises.

Safe, Durable And Easy To Use.

Includes Hand Pump.

SKU: EVYB7B255 - 55CM

SKU: EVYB6B065 - 65 CM

SKU: EVYB6B175 - 75CM

COLOR: GRAY

COLOR: PURPLE

COLOR: BLUE





PILATES RING

Suitable for yoga and pilates exercises, can be used to burn belly fat and upper arms, internal and external thighs, abdominal muscles and pelvic muscles.

Tone and build muscle.

Get a full body workout that delivers results and elevates your fitness routine whether you are in a pilates class or your living room.

A fitness ring for training and physiotherapy in the home, gym, office and travel.

SKU:EVPR9W380

COLOR: GREY





YOGA AND PILATES



**PARA MAYOR INFORMACIÓN COMUNÍQUESE CON SU
EJECUTIVO DE VENTAS**

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AN AUTHORIZED LICENSEE OF EVERLAST WORLDWIDE INC,
Ofibodegas Capri, Bodega #20, de Multiplaza Escazú, 1 km al norte,
contiguo al Colegio Blue Valley. Guachipelín.
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