

YOGA & PILATES









2 TONE YOGA BLOCK

Made Of Lightweight Foam.
Use At Three Different Heights For Support.
Round Edfes For Extra Comfort.

SKU: EVYBK52T-GY COLOR: Grey SKU: EVYBK52T-BL COLOR: Blue SKU: EVYBK52T-PK COLOR: Pink







YOGA MAT 3mm

PROVIDES SUPERIOR AND COMFORTABLE FOUNDATION Cushioned and comfortable foundation for any yoga practice Ultra-lightweight construction

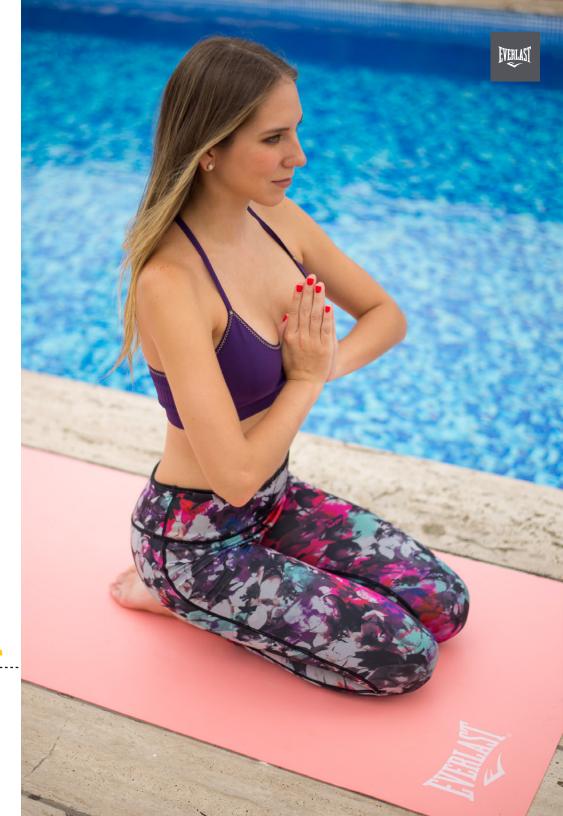
Durable

Non-slip traction

For any exercise practice

61cm x 172cm x 3mm

SKU: EVYF7L303 **COLOR:** Orange SKU: EVYF7L305 COLOR: Blue





YOGA MAT 3mm

DESIGNED TO PROVIDE SUPERIOR AND COMFORTABLE FOUNDATION FOR ANY YOGA PRACTICE.

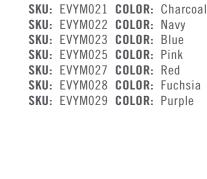
Non-slip surface provides stability.

Cushioned for extra comfort.

Suitable for beginners or experts.

Washable - just use soap and water

61cm x 172cm x 3mm







YOGA MATS



YOGA MAT 6mm

DESIGNED TO PROVIDE SUPERIOR AND COMFORTABLE FOUNDATION FOR ANY YOGA PRACTICE.

Non-slip surface provides stability.

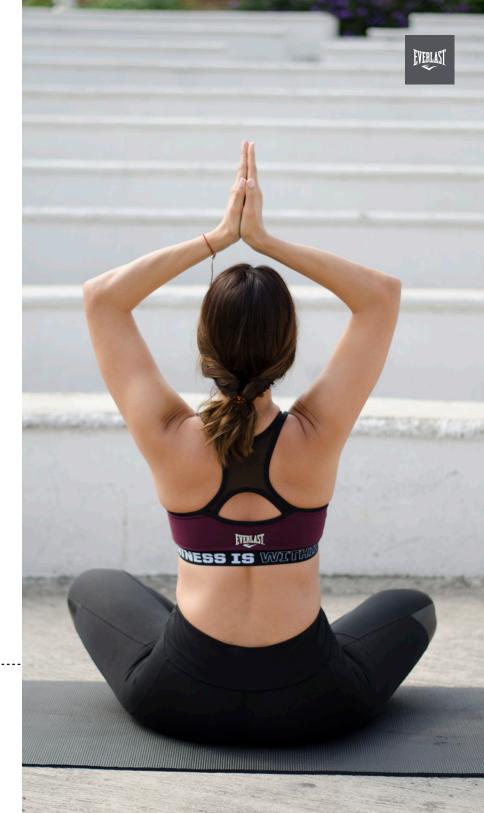
Cushioned for extra comfort.

Suitable for beginners or experts.

Washable - just use soap and water

61cm x 172cm x 6mm

SKU: EVYM668 COLOR: Purple SKU: EVYM661 COLOR: Black SKU: EVYM664 COLOR: Pink









TPE YOGA MAT 6mm

SUPERIOR GRIP

Our unique tpe foam naturally provides the extra traction needed to improve the user's stability. Additional support is provided by the specially designed patterns, which further enhance the grip under dry or wet surfaces.

EXCEPTIONAL SUPPORT

Our close-cell structure keeps the mat from bottoming out and provides users the support needed to prevent potential injuries caused by hard surfaces. Light weight.

61cm x 172cm x 6mm

SKU: EVYM8T6 COLOR: Fucsia

Violet

Purple



TPE 2TONE YOGA MAT DOUBLE CUSHION 4mm

DESIGNED TO PROVIDE SUPERIOR AND COMFORTABLE FOUNDATION FOR ANY YOGA PRACTICE.

Non-slip surface provides stability.

Cushioned for extra comfort.

Suitable for beginners or experts.

Washable - just use soap and water.

61cm x 172cm x 4mm

SKU: EVYT421 **COLOR:** Orange / Burgundy





DOUBLE CUSHION YOGA MAT

DESIGNED TO PROVIDE SUPERIOR AND COMFORTABLE FOUNDATION FOR ANY YOGA PRACTICE.

Non-slip surface provides stability.

Cushioned for extra comfort.

Suitable for beginners or experts.

Washable - just use soap and water

61cm x 172cm x 6mm

SKU: EVYM627 **COLOR:** Fucsia **SKU:** EVYM629 **COLOR:** Lime



NON SLIP YOGA MAT 3mm

SUPER GRIP TEXTURE

Designed to provide superior and comfortable

Foundation for any yoga practice and other exercises

Non-slip surface provides stability.

Cushioned for extra comfort.

Suitable for beginners or experts.

61cm x 172cm x 3mm

SKU: EVYM406 COLOR: Brown



ELITE WORKOUT MAT WITH EYELETS

Durable 6mm thick foam mat.Great for any floor exercise.

Lightweight and easy to roll up.2 eyelets design allows easy storage.

Easy to clean with a damp cloth.

It can hold exercise equipment on its surface protecting floors from scratches.

177cm x 65cm x 6mm













71" long 24" wide ensures comfort.

 $1/2^{\prime\prime}$ thick high-density foam protects wrists, knees, elbows, head, neck and ankles effectively.

Textured surface stabilizes your body and keeps you from slipping.

Sweat resistant feature makes it easy to clean.

Eco- friendly NBR material is non-toxic and odorless, and it's durable for long lasting use.

Portable and lightweight.

Carrying strap is included for easy transport and storage.

Perfect for all types of yoga, pilates and other floor exercises.

61cm x 172cm x 13mm

SKU: EVEM010 COLOR: Black





NBR EXERCISE MAT DOUBLE CUSHION 15mm

The yoga pilates exercise nbr mat is an excellent mat.

For people on the move, or for studios tight.

On storage space.

Non-slip surface provides stability.

Cushioned for extra comfort.

Suitable for beginners or experts.

Washable - just use soap and water.

68 x 173cm x 15mm

SKU: EVEM111 COLOR: Blue SKU: EVEM112 COLOR: Charcoal SKU: EVEM113 COLOR: Black







SUPER GRIP FITNESS MAT DOUBLE 10mm CUSHION

DESIGNED TO PROVIDE SUPERIOR AND COMFORTABLE FOUNDATION FOR ANY YOGA PRACTICE.

Non-slip surface provides stability. Cushioned for extra comfort. Suitable for beginners or experts. Washable - just use soap and water

EMBOSSED SWIRL

58cm x 165cm x 10mm

NON SLIP TEXTURIZED SURFACE

SKU: EVEM1S3-PK COLOR: Pink SKU: EVEM1S3-BL COLOR: Blue

EXERCISE AIR MAT DOUBLE 10mm CUSHION

Ideal for pilates or fitness Great for pilates, fitness and routine daily workouts. The extra cushioning, closed-cell foam structure. Protect the back, spine, wrists and knees during More challenging poses.

EMBOSSED STRIPS

58cm x 165cm x 10mm

NON SLIP TEXTURIZED SURFACE

SKU: EVEM2S34-BL COLOR: Blue SKU: EVEM2S34-PR COLOR: Purple









YOGA EVA BLOCKS

MADE OF LIGHTWEIGHT FOAM

Use at three different heights for support.

Rounded edges for comfortyoga blocks are firm, strong and comfortable.

They have beveled edges, so they can be packed and

Stored easily.

Yoga blocks align the body and help support the weight so various poses can be performed.

SKU: EVYBK596-AQ COLOR: Aqua SKU: EVYBK596-PR COLOR: Purple SKU: EVYBK596-BL COLOR: Blue SKU: EVYBK596-LM COLOR: Lime SKU: EVYBK596-RD COLOR: Pink SKU: EVYBK596-OR COLOR: Orange SKU: EVYBK596-MB COLOR: Morrocan-blue

SKU: EVYBK596-CL COLOR: Coral

SKU: EVYBK596-GY COLOR: Grey



CORK YOGA BLOCK

Cork yoga bricks are a great option to help any body type adapt to different yoga postures. These bricks can also be used to extend the stretch of some advanced poses.

Great texture, comfortable and pliable, these bricks provide optimal grip and traction. They are made from all-natural materials. Rounded edges for extra comfort.

SKU: EVYBK2C2 COLOR: Cork

YOGA ACCESORIES









YOGA KIT

PERFECT FOR BEGINNERS & ADVANCED

YOGA BLOCK (3" X 6" X 9") Sturdy, ultra-light foam block Designed to increase the stability Of your yoga poses. YOGA MAT (24" x 68" x 3mm) Sticky mat provides a non-slip surface For performing all yoga poses. Mat is durable, lightweight YOGA STRAP Adjustable yoga strap helps you Pull yourself into deeper stretches. Use cinch buckle to hold position Securely.

SKU: EVYS61293 COLOR: Blue

YOGA MAT BAG

 ${\tt Carry\ your\ yoga\ mat}.$

Easily and comfortably with the yoga mat bag.

SKU: EVYMB001 COLOR: Black

DELUXE COTTON YOGA-STRAP

100% COTTON.

Increase your flexibility.

Excellent for stretching exercises.

Helps extend reach to hit hard poses.

Machine washable; dry flat.

68"long * 1.5"width.

SKU: EVCS6S80 COLOR: Black









GRIPPY YOGA TOWEL

The perfect complement to any yoga practice, this extra abosbent towel is ideal for all yoga activities.

The non-slip backing keeps your towel in place, while the microfiber top side absorbs quickly and dries in half the time of ordinary towels.

Sized to fit directly on top of your yoga mat.

172 x 61cm / 68" X 24"

SKU: EVYT420 COLOR: Grey / Lime

YOGA / DANCING SHOES

Light training shoes.

Provides support for all indoor sports practised barefoot.

Ideal for yoga, pilates and dancing.

Elastic foam material ball and heel with light non slippadding.

Machine washable.

SKU: EVYS6S44 COLOR: Charcoal

YOGA MAT SKIDLESS TOWEL

Super-absorbent microfiber towel and anti-slip mat in one measures.

Unrivalled grip for yoga and pilates workouts.

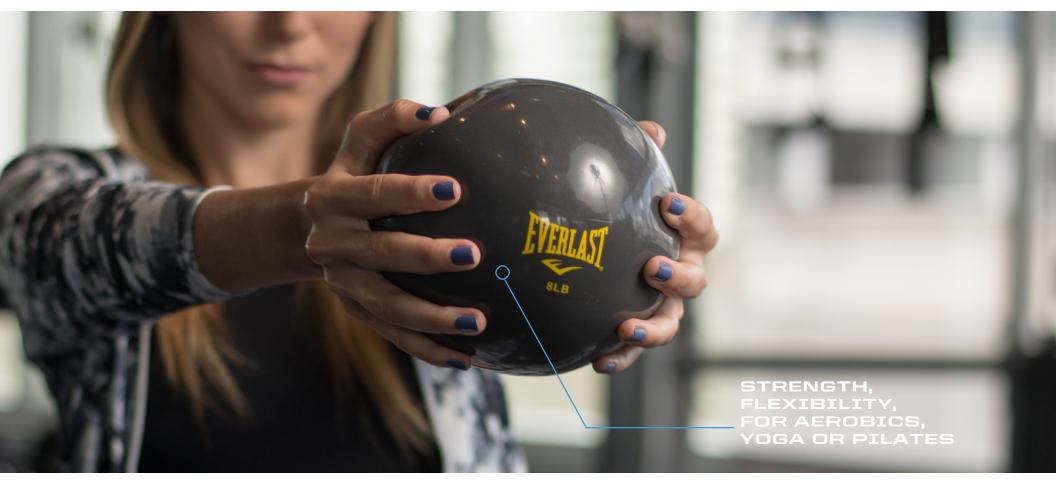
 $\label{lem:matter} \mbox{Mid-stretch nubs grip the mat or carpetsuper absorbent and hygienic machine-washable and dryer-safe.}$

183cm x 61cm / 72" X 24"

SKU: EVYT156-MB COLOR: Blue SKU: EVYT156-PR COLOR: Purple SKU: EVYTD160-BL COLOR: Blue Tie-die











FITNESS BALL

STRENGTH, FLEXIBILITY, FOR AEROBICS, YOGA OR PILATES

Ideal For Core Workouts
Ideal For All Fitness Levels
Easy Grip Soft Vinyl Exterior
Develop Strength And Flexibility
Shape And Tone



SKU: EVFB1S05 COLOR: Pink (51b) SKU: EVFB1S08 COLOR: Grey (81b)

PILATIES AND YOGA BALLS









ANTI-BURST GYM BALL

IDEAL FOR YOGA, PILATES, STRENGTH TRAINING, CORE TRAINING, STRETCHING, TONING AND RESISTANCE EXERCISES.
USE TO STRENGTHEN AND TONE YOUR HIPS, BACK, LEGS, AND HOULDERS WITHOUT ADDITIONAL STRESS ON THE SPINE OR HIPS.

Product Features

Helps Improve Balance, Coordination And Flexibility.

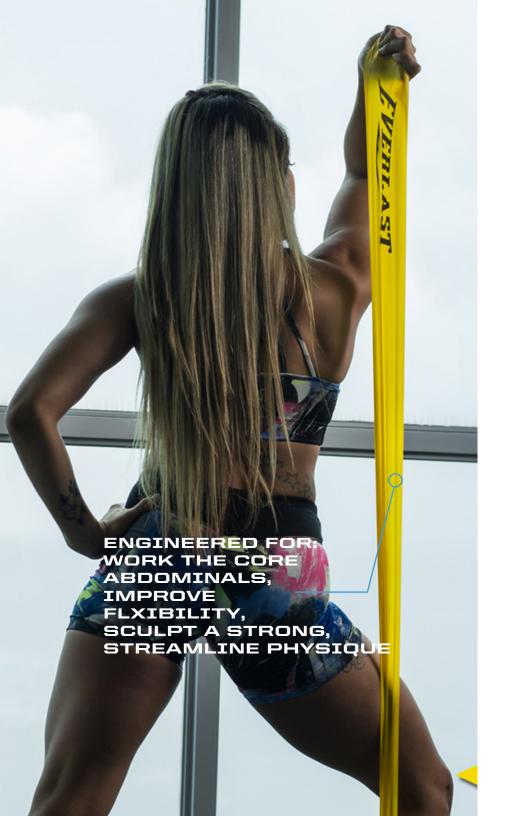
Ideal For Core Strength Training, Stretching, Toning, Resistance Exercises.

Safe, Durable And Easy To Use.

Includes Hand Pump.

SKU: EVYB7B255 55cm COLOR: Grey SKU: EVYB6B065 65cm COLOR: Purple SKU: EVYB6B175 75cm COLOR: Blue









PILATES RESISTANCE BANDS

The RESISTANCE BAND, also known as the FLEX-BAND, is a stretchy strip of latex that can add an element of light resistance to a pilates workout.

This tool is used in other fitness disciplines and rehabilitation techniques, but lends itself particularly well to pilates as it helps to:

Target the upper and lower body.

Work the core abdominals.

Improve flexibility.

Enhance joint mobility.

Focus the mind and body.

Sculpt a strong, streamlined physique.



SKU: EVLX5S83 COLOR: Black / Grey / Yellow High RESISTANCE

HIGH RESISTANCE
MEDIUM RESISTANCE
LOW RESISTANCE





PILATES RING

Suitable for yoga and pilates exercises, can be used to burn belly fat and upper arms, internal and external thighs, abdominal muscles and pelvic muscles.

Tone and build muscle. Get a full body workout that delivers results and elevates your fitness routine whether you are in a pilates class or your living room.

A fitness ring for training and physiotherapy in the home, gym, office and travel.

38 cm

SKU: EVPR9W380 COLOR: Grey





YOGA AND PILATES



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