



FITNESS ACCESSORIES



**DESIGN PROVIDES
A CUSTOM F.I.T.
FOR YOUR ANKLES
AND/OR WRISTS.**





1 LB

2.5 LB

5 LB

ANKLE/WRIST WEIGHTS

Precision Weighted And Balanced.
Durable Construction.
Comfortable Neoprene Coating
Perfect For Aerobics And Toning.

SKU: EVWW610 **Color:** Purple 2lbs / 1lb each **2LB PAIR**

SKU: EVWW625 **Color:** Blue 5lbs / 2.5lb each **5LB PAIR**

SKU: EVWW650 **Color:** Black 10lbs / 5lb each **10LB PAIR**



*each weight 1 lbs (2 lbs total)



*each weight 2.5 lbs (5 lbs total)

PREMIUM ANKLE/WRIST WEIGHTS

Fully adjustable.
Burn more calories during activity with F.I.T. 5 & 2 lbs
Comfort Weights.
An adjustable, contoured design provides a custom F.I.T.
for your ankles and/or wrists.
A soft terry cloth interior absorbs moisture and is completely non-abrasive.
Includes two weights; each weight is 2.5 lbs (5 lbs weights)
or 1 pound (2 lbs weights).



SKU: P00000741 **Color:** Blue **2LB PAIR**

SKU: P00000742 **Color:** Purple **5LB PAIR**

WALKING WEIGHTS

Improve Cardio Endurance, Develop Your
Muscles And Tone Your Entire Body.
Comfortable Handstrap
Made Of Soft, Durable Lycra Fabric
Fits Easily And Comfortably In The Palm Of Your Hand.

SET OF TWO 2 LB WEIGHTS

SKU: EVWW1S20 **Color:** Black / Pink **2LB PAIR**

SET OF TWO 4 LB WEIGHTS

SKU: EVWW1S40 **Color:** Black / Lime **4LB PAIR**



*each weight 1 lbs (2 lbs total)

*each weight 2 lbs (4 lbs total)



SAUNA SUIT

MAXIMIZE CALORIE BURN AND DETOXYFY BODY WITH INCREASED PERSPIRATION

Excellent for aerobic conditioning.

keeps muscles warm and helps to shed excess water.

full cut for comfortable fit during activity.

two piece outfit with elastic waist, cuffs, and ankles.

made with heavy duty pvc fabric.

SKU: EVSS1S27 **COLOR:** Black

L XL XXL



HOODED SAUNA SUIT

SHED WATER WEIGHT, TRAP HEAT, WARM UP MUSCLES


Designed To Trap Body Heat And Keep Muscles Loose

Allowing You To Shed Excess Water Weight And Calories

More Efficiently Prior To Or During A Workout

SKU: EVSH5S57 **COLOR:** Grey

L / XL XL / XXL

A woman with long, wavy blonde hair is performing a squat outdoors. She is wearing a grey and purple weighted vest over a black sports bra and teal leggings. She is holding two black dumbbells. The background consists of green foliage and a rocky ground. A blue line points from the text to the vest.

**BEST FOR STRENGTH
TRAINING, TOTAL-BODY
CONDITIONING, AND
MUSCULAR AND
CARDIOVASCULAR
ENDURANCE.**



EVERGRIP WEIGHTED VEST

Neoprene vest with iron-and-sand weight filling Adjustable straps for ideal fit and comfort.

EVERGRIP™ technology with textured panels underneath vest secures placement and limits vest movement during exercise.

Exercising at a heavier weight maximizes the effectiveness of your workout.

Best for strength training, total-body conditioning, and muscular and cardiovascular endurance.

FEATURING
EVERGRIP™
TECHNOLOGY

SKU: 6010G 10Lbs COLOR: Grey / Blue

SKU: 6020G 20Lbs COLOR: Grey / Purple



8lb WALKING FITNESS VEST

FOR MORE INTENSE WORKOUTS

Use For Walking And Sport Training

For More Intense Workouts

Improve Cardio And Strength, Speed And Agility

Comfortable Form-fitting Design

Reflective Stripes

FEATURING
EVERCOOL™
TECHNOLOGY

SKU: EVFV1S08 8Lbs COLOR: Yellow



55
cm

ANTI-BURST GYM BALL

IDEAL FOR YOGA, PILATES, STRENGTH TRAINING, CORE TRAINING, STRETCHING, TONING AND RESISTANCE EXERCISES.
USE TO STRENGTHEN AND TONE YOUR HIPS, BACK, LEGS, AND HOULDERS WITHOUT ADDITIONAL STRESS ON THE SPINE OR HIPS.

Product Features

Helps Improve Balance, Coordination And Flexibility.

Ideal For Core Strength Training, Stretching, Toning, Resistance Exercises.

Safe, Durable And Easy To Use.

Includes Hand Pump.

SKU: EVYB7B255 55cm **COLOR:** Grey

SKU: EVYB6B065 65cm **COLOR:** Purple

SKU: EVYB6B175 75cm **COLOR:** Blue



65
cm



75
cm

FITNESS ACCESSORIES

EVERLAST

HELPS IMPROVE BALANCE,
COORDINATION AND
FLEXIBILITY.





BALANCE DISC

IMPROVES BALANCE, COORDINATION, AND OVERALL BODY SHAPE STRENGTHENS CORE MUSCLES, ANKLES, KNEES, AND HIPS

Ideal for developing balance and stabilization.

Can be inflated or deflated to change the level of difficulty.

Great for strengthening exercises, the disc requires you to engage multiple core muscles at once to maintain balance.

Dual-textured surface ensures a non-slip grip, with raised massaging bumps on one side and smoother bumps on the other.

33cm
DIAMETER
13"

SKU: EVBC6B005 **COLOR:** Grey



BALANCE TRAINER BALL

STRENGTHEN YOUR ENTIRE BODY ACTIVATE YOUR CORE MUSCLES & TONE YOUR MIDSECTION
IMPROVE BALANCE & FLEXIBILITY

Can be used either with the platform side up or the platform side down working your balance in different body positions.

Our balance trainer is designed to help you strengthen and coordinate your body by targeting the core muscles (the muscles around your abdominal and back area), supports squats, bicep curls, shoulder raises, crunches and more.

SKU: EVBB6B058 **COLOR:** Blue

60cm DIAMETER  **12mm** TUBES 



FITNESS BALL

STRENGTH, FLEXIBILITY, FOR AEROBICS, YOGA OR PILATES

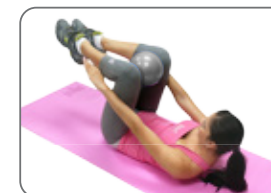
Ideal For Core Workouts

Ideal For All Fitness Levels

Easy Grip Soft Vinyl Exterior

Develop Strength And Flexibility

Shape And Tone



SKU: EVFB1S05 **COLOR:** Pink (5lb)

SKU: EVFB1S08 **COLOR:** Grey (8lb)



**STRENGTH,
FLEXIBILITY,
FOR AEROBICS,
YOGA OR PILATES**



AB WHEEL

GREAT TOOL TO TONE AND DEFINE AB AND BACK MUSCLES

The everlast ab wheel works both the upper and lower abdominal muscles, as well as the oblique and supporting muscles. You will also strengthen your back, glute and arm muscles.

FEATURING
POWERCORE™
TECHNOLOGY

SKU: EVSW4I47 **COLOR:** Green



AB WHEEL

GREAT TOOL TO TONE AND DEFINE AB AND BACK MUSCLES

Enhance traditional plank and push-up exercises
Develop pillar strength (shoulders, torso and hips)
through a variety of exercises

Ergonomic foam handles for comfort

Lightweight and portable

Wheels on each side move together for safety

And ground control

FEATURING
POWERCORE™
TECHNOLOGY

SKU: EVCW6S367 **COLOR:**Green / Black



ENGINEERED FOR:

STRENGTHEN YOUR LOWER BACK.
PREVENT INJURY DURING RIGOROUS ABDOMINAL EXERCISES.
COMFORTABLE & SLIP RESISTANT GRIP.

AB WHEEL

CORE WHEELS FOR DYNAMIC CORE EXERCISES

Enhance traditional plank and push-up exercises.
Develop pillar strength (shoulders, torso and hips)
through a variety of exercises.

5 spoke inner wheel design for even weight distribution.
Ergonomic sure-grip rubberized handles.
Dual textured treads offer great traction & control.

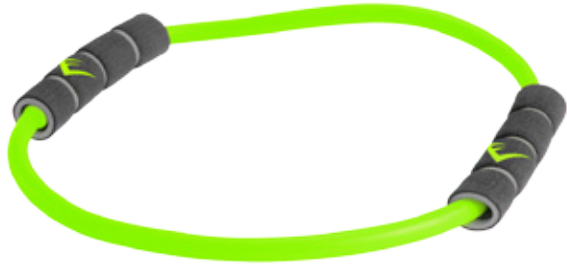
NEW

FEATURING
POWERCORE™
TECHNOLOGY

SKU: EVWH9W400 **COLOR:** Black



FITNESS ACCESSORIES



3 TUBE TONING SET

Fitness tubes offer one of the most convenient And versatile workouts available. Ideal for toning and strengthening your upper body, they are a perfect complement to any cardio workout such as walking.

SKU: EVTS9W830 **COLOR:** Blue / Green / Orange

FITNESS TONING EXPANDER

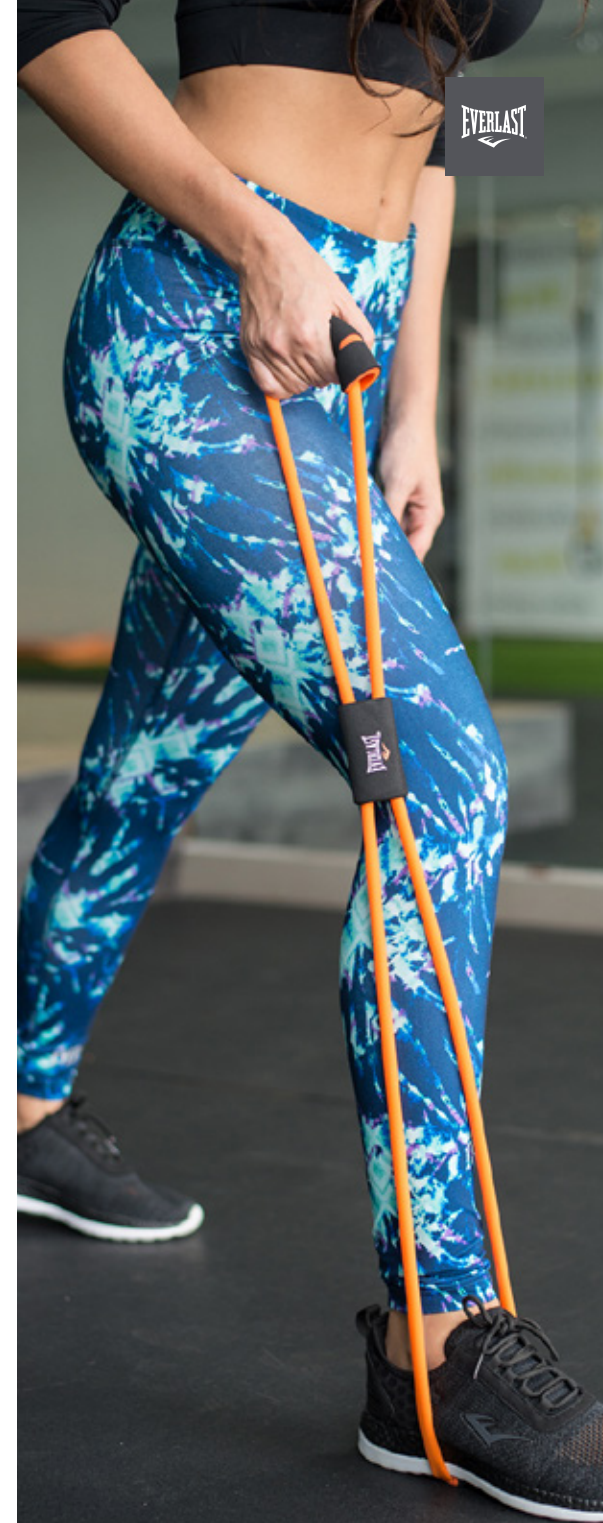
IMPROVE YOUR BALANCE, COORDINATION, FLEXIBILITY, AND ENDURANCE
HELPS DEVELOP CORE STRENGTH.
EXERCISE SEVERAL MUSCLE GROUPS AT ONCE.
CUSHIONED FOAM HANDLES PROVIDE COMFORTABLE AND SLIP-FREE GRIP

TONER RESISTANCE LOOP

SHAPE YOUR LEGS AND IMPROVE OVERALL LOWER-BODY MUSCLE TONE .
GREAT FOR TONING HIPS AND STRENGTHENING CALVES AND BUNS.
CUSHIONED FOAM HANDLES PROVIDE COMFORTABLE AND SLIP-FREE GRIP

FITNESS EXPANDER

STRENGTHENS ARMS, CHEST, SHOULDERS, BACK, LEGS, AND BUNS
CUSHIONED FOAM HANDLES PROVIDE COMFORTABLE AND SLIP-FREE GRIP
VERY PORTABLE-USE ANYWHERE/ANYTIME



5 COLOR-CODED RESISTANCE BANDS INCLUDED

PINK (5 lbs),PURPLE (10 lbs), ORANGE (15lbs), GREEN (20lbs), Lt. Blue(25lbs), Red (35lbs).

Each resistance band is color-coded for instant recognizability.

It can be used alone or stacked in any combination to a maximum equivalent of 110 lbs.

PINK
5 LB / 2.3KG

PURPLE
10 LB / 4.5KG

ORANGE
15 LB / 6.8KG

GREEN
20 LB / 9.1KG

LT. BLUE
25 LB / 11.3KG

EASILY CREATING OVER 30 DIFFERENT RESISTANCE LEVELS BY ATTACHING 1.2.3.4. OR ALL 5 BANDS TO THE HANDLE.

INCLUDES:

- 5 NATURAL LATEX TUBES
- 2 FOAM HANDLES
- 2 ANKLE / WRIST STRAPS
- 1 DOOR ANCHOR
- 1 CARRY BAG

FULL SET EXPANDER SET

5
RESISTANCE
LEVELS

This complete resistance kit allows for a full body work-out without Heavy and expensive equipment.

Add or subtract bands to create the ideal weight for every exercise.

This stackable set of resistance bands can produce up to 105 lb / 48kg.

Features a metal clipping system on bands for attachment to soft-grip handles or ankle straps.

SKU: EVLB9W510





FOAM HANDLES FOR INDIVIDUAL TUBES

One size fits all.
Wide design to accommodate all hand sizes.
Soft foam padded and durable grip.

NEW


SKU: EVFH9W600 COLOR: Black



INTERCHANGEABLE RESISTANCE TUBE

NEW

SKU: EVLT9W005	LATEX TUBE	5LB	NEON PINK	
SKU: EVLT9W010	LATEX TUBE	10LB	PURPLE	
SKU: EVLT9W015	LATEX TUBE	15LB	ORANGE	
SKU: EVLT9W020	LATEX TUBE	20LB	LIME	
SKU: EVLT9W025	LATEX TUBE	25LB	LIGHT BLUE	
SKU: EVLT9W035	LATEX TUBE	35LB	RED	
SKU: EVLT9W045	LATEX TUBE	45LB	ROYAL BLUE	
SKU: EVLT9W055	LATEX TUBE	55LB	BLACK	



ADD OR SUBTRACT
BANDS TO CREATE
THE IDEAL WEIGHT
FOR EVERY EXERCISE.



TRIPLE RESISTANCE TUBE

THREE DIFFERENT RESISTANCE LEVELS, TONES ABS, ARMS CHEST SHOULDERS AND BACK

Incorporates resistance training into workout routines

Anti-sweat, high-density foam handles

Tone muscles, burn calories

3 different resistance levels light, medium and heavy

This resistance bands set is light and compact enough

To travel with you anywhere

Supports some of the latest workout routines

-  LIGHT RESISTANCE
-  MEDIUM RESISTANCE
-  HEAVY RESISTANCE

SKU: EVRT049 **COLOR:** Black / Yellow / Blue



RESISTANCE EXERCISE TUBE

TONES ABS, ARMS, CHEST, SHOULDERS AND BACK

Resistant tube provides a complete workout.

Compact and lightweight design for versatile use, even when traveling.

Door strap for additional exercise options.

SKU: EVRT711-BL **COLOR:** Blue

SKU: EVRT711-PK **COLOR:** Pink



LOWER BODY POWER BANDS

ENGINEERED FOR: LATERAL RESISTANCE, LOWER BODY STRENGTH TRAINING, IMPROVING FOOTWORK

Two padded hook-and-loop ankle straps provide comfort and stability during training.

Removable gray elastic band designed to discipline footwork and athletic stance provides resistance up to 25 lbs

Removable red elastic band, designed to strengthen knee strikes and kicks, provides resistance up to 15 lbs.

SKU: 6350RG **COLOR:** Black





ENGINEERED FOR: LATERAL RESISTANCE,
LOWER BODY STRENGTH TRAINING,
IMPROVING FOOTWORK



F.I.T. STRETCH STRAP

Developed by physical therapists, the F.I.T. Stretch Strap enhances your stretch routine to improve flexibility, recovery, and overall fitness level. Lightweight and portable, with multiple grip positions for both static and dynamic stretches. Ideal for pre- and post-workout stretching.

SKU: P00000809 **COLOR:** Charcoal



F.I.T. SHADOW BOXER

The F.I.T. Shadow Boxer is designed to help develop speed, power, and explosiveness for boxing, MMA, and all fight sports. Designed with foam-covered back support and handles for safety and comfort, and double-resistance tubes to help increase strength in arms and shoulders.

SKU: P00000809 **COLOR:** Charcoal



FITNESS ACCESSORIES



- **SKU: EVPB4R012**
MINI POWER BAND offers 5lbs - 35lbs
Resistance length - 102cm width - 12mm color:red
- **SKU: EVPB4R022**
XSMALL POWER BAND offers 10lbs - 50lbs
Resistance length - 102cm width - 22mm color:purple
- **SKU: EVPB4R032**
SMALL POWER BAND provides 25lbs - 80lbs
Resistance length - 102cm width - 32mm color:orange
- **SKU: EVPB4R044**
MEDIUM POWER BAND gives 50lbs - 120lbs
Resistance length - 102cm width - 44mm color:blue
- **SKU: EVPB4R065**
LARGE POWER BAND offers 60lbs - 150lbs
Resistance length - 102cm width - 65mm color:black

POWERBAND

Thick, extra strong and ideal for heavy use.

Designed to work lower leg muscles, provide resistance for walks, shuffles and lunges and help to prevent and rehabilitate sprained ankles.

Perfect for power assisted pull-ups/chin-ups, as well as in all fitness activities to provide added resistance to your workout.

Allows the user to customize and create a level of resistance that fits their strength level by controlling the tension in the resistance by shortening or Lengthening the band.



EVERLAST



LOOP BANDS (3pk)

3-piece resistance bands give you a variety of resistance levels. Light, medium and heavy loops let you adjust the intensity of your workouts to challenge every major muscle group in your body.

3
LEVELS OF
RESISTANCE

SKU: EVMB71630 **COLOR:** Black / Grey / Yellow

ENGINEERED FOR:
RESISTANCE TRAINING, WARM UP AND
REHABILITATION OF UPPER AND LOWER BODY.



HIP BAND

The durable and non-slip design hip band is made of durable cotton and latex blend. The fabric is different from latex rubber exercise bands.

These hip resistance bands will never slide or roll up when you use them. Perfect for the gym, home & fitness programs.

Inner grip strips inside the bands keep them in place during every exercise.

Hip bands are ideal for assisting in weightlifting, crossfit, yoga, insanity, pilates, hot yoga and beach body workouts, inner & outer thigh contractions, walking side step, walking forward step, hip band leg press, hip band kick backs and others.

INCREASE MOBILITY, MUSCLE STAMINA AND STRENGTH.

3
LEVELS OF
RESISTANCE

SKU: EVHP0W035 **COLOR:** Grey
SKU: EVHP0W038 **COLOR:** Burgundy
SKU: EVHP0W041 **COLOR:** Purple

NEW

ENGINEERED FOR:
RESISTANCE TRAINING, WARM UP AND
REHABILITATION OF UPPER AND LOWER BODY.



21" MASSAGE BAR

Soft tissue massage tool designed for faster muscle recovery.
Release muscle tension and soreness by increasing blood flow.
Portability for recovery on the go.
Recover faster.
Use before and after training.

SKU: EVMB8I779 **COLOR:** Black / Yellow



**RELEASE MUSCLE TENSION
AND SORENESS BY INCREASING
BLOOD FLOW.**



GRIP ROLLER MASSAGE

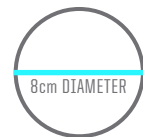
Massages and energizes your body while relieving fatigued muscles
Helps release muscle tension in the neck, arms, back and legs
2 roller points provide controlled pressure while massaging difficult-to-reach areas
Plastic handle ensures a concentrated grip

SKU: EVMS7S242 **COLOR:** Black / Yellow



SILICONE HAND GRIP

Designed to fortify wrists, fingers and forearms.
Build a more powerful hand grip.
Ideal for strengthening after injury or surgery.
Comfortable, lightweight and compact.
Relieve stress.



SKU: EVSG5S15 **COLOR:** Blue 15kg
SKU: EVSG5S25 **COLOR:** Grey 25kg



HAND GRIP BALL

Provides resistance exercise for hands,
Wrist, fingers and forearms helps
rehabilitation And improves mobility,
reduces stress.
Prevents stiffness.
Increases flexibility.
Relieves joint pain.
Reduces stress and eases muscle tension.

SKU: EVGR6R303 **COLOR:** Blue



ADJUSTABLE HAND GRIP

The everlast adjustable hand grip is an exercise aid that is designed for use in the early stages of rehabilitation after injury or surgery and is ideal for exercising hand, finger, wrist and arm muscles. The adjustable hand grip exerciser is very easy to use, allowing the user or their therapist to increase or decrease the exercisers tension to suit individual needs, by simply turning the adjustment knob.

SKU: EVHG4190 **COLOR:** Yellow



HAND GRIP DELUXE

INCREASED GRIP ENDURANCE: Increasing strength in your hands, fingers, wrists and lower arms will increase endurance, allowing you to perform more repetitions and reach new heights at the gym. It will also enhance your ability to handle weights without the grip giving out.

NON-SLIP HAND GRIP: The handles on each side of our hand grip exerciser boast slip-resistant surfaces to ensure you can easily grip and hold with each squeeze.

SKU: EVHG9W300 **COLOR:** Black

1
PIECE



20kg HAND GRIP

INCREASED GRIP ENDURANCE: Increasing strength in your hands, fingers, wrists and lower arms.

NON-SLIP HAND GRIP: Ergonomic Design with soft Foam Handle fits all hand size for men and women, and providing a maximum comfort grip and anti-slipping.

SKU: EVHG0W020 **COLOR:** Black

20
KG



JUMP ROPE

Ajustable, durable and fast

ENGINEERED FOR: Speed, endurance, agility, coordination, and total body conditioning. Improve cardio endurance, develop your muscles and tone your entire body

SKU: EVJR7Y15-1 **COLOR:** Transparent

SKU: EVJR7Y15-2 **COLOR:** Blue

SKU: EVJR7Y15-3 **COLOR:** Orange

SKU: EVJR7Y15-4 **COLOR:** Fuchsia

SKU: EVJR7Y15-5 **COLOR:** Green



JUMP ROPE

Improve your balance, coordination, flexibility, and endurance

Helps develop core strength.

Exercise several muscle groups at once.

9'
FEET

ENGINEERED FOR:
SPEED, ENDURANCE, AGILITY, COORDINATION,
AND TOTAL BODY CONDITIONING.

SKU: EVXR800-BK **COLOR:** Black

SKU: EVXR800-BL **COLOR:** Blue



JUMP ROPE

High durability and speed.

High quality precision ball bearings.

Comfortable, durable and fast.

Exercise in comfort - our lightweight design and comfort foam.

Handles reduce strain on your hands, allowing you to burn calories and get in a great workout. skipping or jumping without unnecessary discomfort.

9'
FEET

SKU: EVJR1Y666 **COLOR:** Red / Green / Yellow / Blue



ERGONOMIC JUMP ROPE

Comfortable, durable and fast
Exercise in comfort - our lightweight design and comfort
Handles reduce strain on your hands, allowing you to burn
calories and get in a great workout skipping or jumping
without unnecessary discomfort

SKU: EV3JTP01 **COLOR:** Yellow

SKU: EV3JTP01 **COLOR:** Black

SKU: EV3JTP01 **COLOR:** Pink



FITNESS JUMP ROPE

ADJUSTABLE ROPE UP TO 9 FEET LONG (2.74m)
This rope is the ideal choice for a custom workout
Improve cardio endurance, develop your muscles
And tone your entire body.

9'
FEET

SKU: EVJR1Y526 **COLOR:** Black / Red

SKU: EVJR1Y526 **COLOR:** Black / Grey



EVERGRIP™ WEIGHTED JUMP ROPE

ENGINEERED FOR: SPEED, ENDURANCE, AGILITY, COORDINATION,
TOTAL BODY CONDITIONING

Adjustable length, 9 ft. plastic speed rope.

Evergrip™ Handles provide added grip while training.

Removable weights to challenge your cardio and upper body training.

1.5 Lbs. Maximum Removable Weights Precision Ball Bearing Rotation For Increased Speed.

EVERGRIP™

SKU: 4485 **COLOR:** Black



WEIGHTED JUMP ROPE

Best aerobic exercises for burning calories, slimming down, improving flexibility, developing core strength and good heart condition.

Hold comfortably. Ergonomically designed weighted memory foam handles offer extra comfort while also preventing palm sweat and providing a firm grip.

Weights in jump rope handles are removable. Perfect for fitness workouts, cardio training, jumping exercise, cross fit, skipping, speed training, calves, thigh and forearm strengthening, leg training and endurance training.

9'
FEET

SKU: EVJROW38W **COLOR:** Black



LEATHER JUMP ROPE

High durability and speed

High quality precision ball bearings

Comfortable and smooth handling

9'
FEET

SKU: EVLR8800 **COLOR:** Leather



DELUXE SPEED ROPE

ADJUSTABLE ROPE UP TO 11 FT (3.35m)

Suitable for everyone - best jump rope for any workout, mastering double unders, exercise and fitness, mma training, boxing, bodybuilding, personal training, home and outdoor workouts.

11'
FEET

SKU: EVSJ6S356 **COLOR:** Black / Lime



HOME TRAINING BAR

PERFECT FOR BEGINNERS & ADVANCED

Three grip positions, narrow, wide, and neutral Turns any doorway into a personal gym, Installs in seconds ideal for pull-ups, push-ups, chin-ups, dips, crunches, and more Uses leverage to hold against the doorway so there are no screws and no damage to door.

SKU: EVDB059 **COLOR:** Black



ADJUSTABLE POWER BRACKETS

PERFECT FOR BEGINNERS & ADVANCED

Improve strength and cardio, for all skill levels, secure grip.

Material ensures a secure grip during use.

Perfect fitness tool used to improve strength and cardio fitness.

Easily adjustable iron bracket can be modified according to exercise and skill level from 22" to 30"

Specially designed to be used as hurdles or for dips, pushups, inverted rows and more.

EVERGRIP

SKU: EVPB5S65 **COLOR:** Black / Lime

MULTIPLE WAYS TO TRAIN





WALL MOUNTED DIP

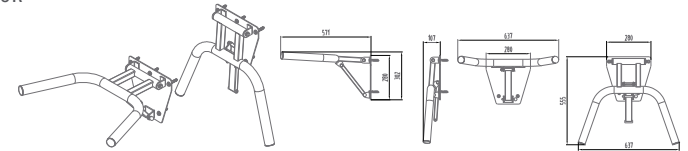
(56.5cm x 64cm x 30cm)

Expand your weight room by using the everlast all mounted dip station.

Increase the strength of your chest, shoulders And triceps.

Once your workout is complete, Return the mount to its space saving position.

SKU: EVWD5R120 **COLOR:** Black



CHIN UP BAR

Easy assembly & installation

Holds up to 140kgs

Made from high quality steel

Mounts on to any solid wall

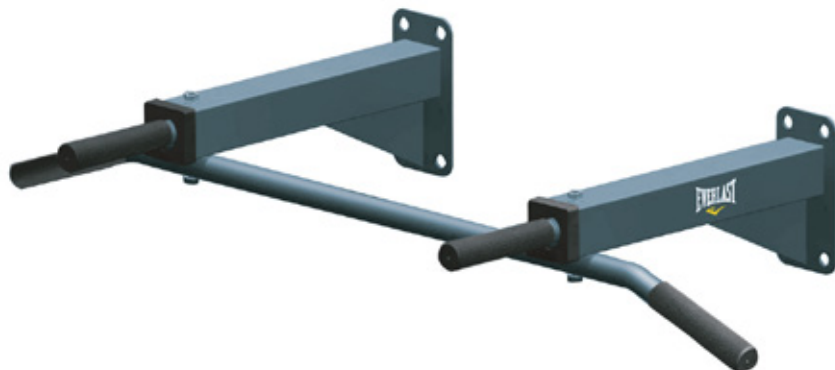
Offers a variety of grip positions & exercises

HOLDS UP TO

140
kgs

Structure 131cm X 58cm X 60cm

SKU: EVCH4R207 **COLOR:** Black



CHIN UP BAR

Easy assembly & installation

Made from high quality steel

Mounts on to any solid wall

Offers a variety of grip positions & exercises

ENGINEERED FOR:

TOTAL BODY CONDITIONING

STRENGTH TRAINING

INTENSE CARDIOVASCULAR WORKOUTS

HOLDS UP TO

140
kgs

Structure 100cm x 18cm

SKU: EVCH9W450 **COLOR:** Grey / Black



SUSPENSION SYSTEM DELUXE

ENGINEERED FOR:

BUILD YOUR CORE AND SCULPT YOUR BODY.
IMPROVES STRENGTH, BALANCE, AND FLEXIBILITY.
FULL BODY WORKOUT.

VERSATILITY:

JUST TWO ADJUSTABLE BANDS PROVIDE A COMPREHENSIVE WORKOUT TO EVERY SINGLE MUSCLE IN YOUR BODY.

IMPROVE CARDIO AND STRENGTH:

BODYWEIGHT SYSTEM WORKOUTS WILL NOT ONLY IMPROVE YOUR MUSCLE STRENGTH, BUT ALSO YOUR CARDIOVASCULAR ENDURANCE.

HELP ACHIEVE GOALS

BECAUSE OF THE VERSATILITY OF THE BODYWEIGHT SYSTEMS, IT CAN BE USED TO GAIN MUSCLE AND STRENGTH, LOSE WEIGHT OR EVEN TRAIN FOR A MARATHON.

ENGAGE WHOLE BODY

THE INSTABILITY THAT A BODYWEIGHT SYSTEM CREATES WHILE YOU PERFORM MOVEMENTS MEANS THAT YOUR CORE IS CONSTANTLY ACTIVATED. AND MANY MUSCLES ARE WORKED AT THE SAME TIME.

ALL IN ONE

SUSPENSION TRAINER, INDOOR
& OUTDOOR ANCHORS



SUSPENSION SYSTEM DELUXE

NEW

LETS YOU USE YOUR BODYWEIGHT WITH THE NATURAL FORCE OF GRAVITY.

Total-body workout system you can set up in less than 60 seconds at home or anywhere you go. Get stronger, build muscle, lose weight and improve flexibility fast no weights required.

Work out total body, burn fat and tone all lean muscles this trainer is a complete bodyweight gym that supports highly metabolic compound exercises and assisted exercise variations for full workouts for every skill level.

Increase muscle endurance & sport performance infinitely variable resistance.

Full body resistance trainers feature indexed straps and quick adjust buckles so you can tailor resistance for each exercise.

SKU: EVST9W008 COLOR: Black / Red



ANTI-SLIP
FOAM RUBBER HANDLE



HEAVY DUTY
ZINC-ALLOY CARABINER



ADJUSTABLE
EASY TO SET BUCKLE



SUPER STURDY
DOOR ANCHOR

PACKAGE INCLUDED:

TWO BODYWEIGHT RESISTANCE STRAPS
ONE EXTENSION STRAP
ONE CARRY POUCH
ONE USER MANUAL
ONE DOOR ANCHOR



55"
DIAMETER

APPROXIMATELY 15-30 LBS. OF RESISTANCE

PACKING CONTENT

ONE 55 INCHES UMBRELLA
ONE WAIST BELT RESISTANCE PARACHUTE
ONE CARRYING BAG

POWER CHUTE

IMPROVES SPEED AND ACCELERATION:

This running parachute is designed to produce 15-30 pounds of resistance during sprinting to simultaneously perform speed and strength training.

It effectively promotes explosiveness and stamina that is vital in field and track sports.

SKU: EVPC9W292 COLOR: Black

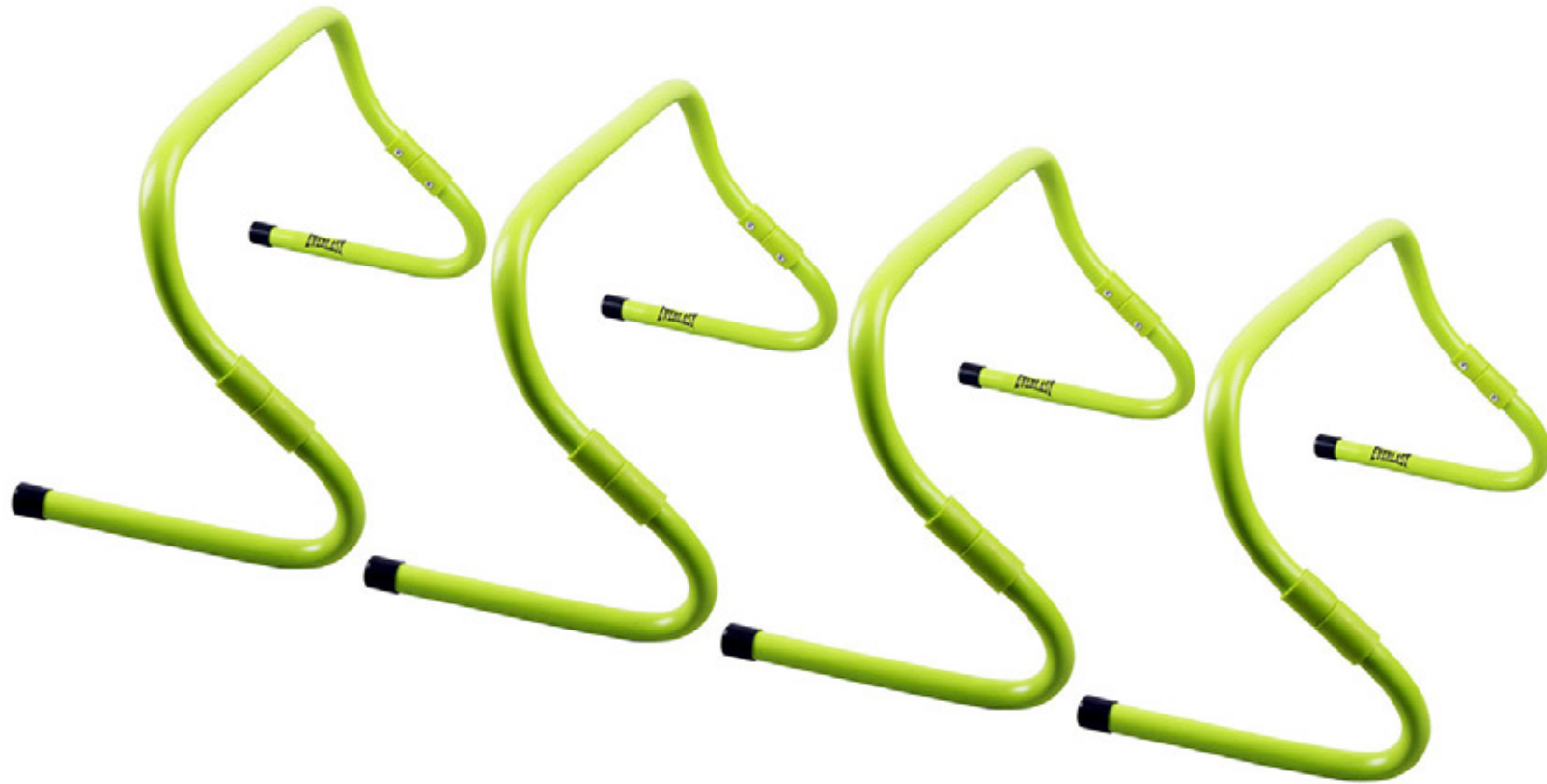
NEW



ADJUSTABLE BELT: 2-inch heavy-duty belt is fully adjustable and will comfortably fit almost any athlete.



The 360-degree rotation belt allows you to train in any direction. When positioned on the right or left hip, it allows you to get off the line laterally.



ADJUSTABLE HURDLES

ADJUSTABLE-HEIGHT OPTIONS OF 8" AND 12" FOR MULTIPLE TRAINING CONFIGURATIONS INDOORS OR OUTDOORS

Maximizes leg power output through essential leg recovery and force application.

Hurdles are made of a durable, lightweight pvc plastic and fold up for easy portability.

Adjustable-height options of 8" and 12" for multiple training configurations indoors or outdoors.

Adjustable height for a varied challenge.

No assembly necessary.

Offers multiple workout configurations.

Suitable for speed and accuracy training.

Lightweight design for easy storage.

SKU: EVAH9W040 **COLOR:** Green

INCLUDES **4** HURDLES



AGILITY LADDER

16 FEET IN LENGTH WITH 10 ADJUSTABLE FLAT RUNGS

Find the perfect rhythm in your training with this performance focused product. Improve your acceleration, lateral speed and change of direction while enhancing balance, Rhythm and body control. These core skills are critical to any athlete that wants to perform At a faster level than the competition in any sport.

Develop explosive power, speed and better footwork.

This flat rung ladder improves technique and responsiveness.

The quick ladder caters to all sports as it increases efficiency for all athletes.

SKU: EVAL9W510 COLOR: Green / Black





33cm MASSAGE ROLLER

Excellent for soothing muscle pains, balance exercises, and strength conditioning. Use your own body weight to help increase blood flow and circulation to the soft tissues. Improve springiness, range of motion, minimize pain and soreness.

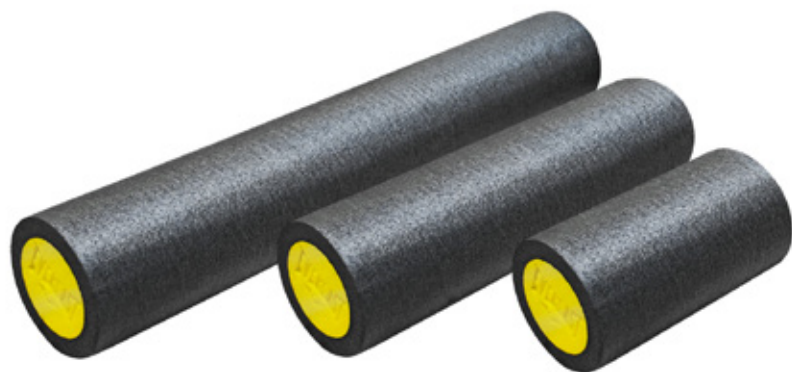
FEATURES AND SPECIFICATIONS

Molded polyethylene foam technology. Smooth and semi-firm surface that will not lose its shape after multiple uses.

NEW

33
cm

SKU: EVRL9W330 **COLOR:** Black / Red



FOAM ROLLER

Excellent for soothing muscle pains, balance exercises, and strength conditioning. Use your own body weight to help increase blood flow and circulation to the soft tissues. Improve springiness, range of motion, minimize pain and soreness.

FEATURES AND SPECIFICATIONS

Molded polyethylene foam technology. Smooth and semi-firm surface that will not lose its shape after multiple uses.

SKU: EVFR4I036 36" **COLOR:** Black

SKU: EVFR4I024 24" **COLOR:** Black

SKU: EVFR4I012 12" **COLOR:** Black



FITNESS ACCESSORIES

EVERLAST





AB MAT TRAINER

EVERLAST AB MAT TRAINER PROVIDES:

Offers low-back comfort and support during ab exercises.

The contoured shape promotes safe lumbar extension, placing the abdominal muscles on a pre-stretch position resulting in a maximal abdominal activation. It is the perfect complement to a mat routine, elevating the body off the floor during crunches, curls, Sit-ups, side bends and back extensions.

SKU: EVAB9W100 **COLOR:** Black



AB MAT PRO ABDOMINAL TRAINER

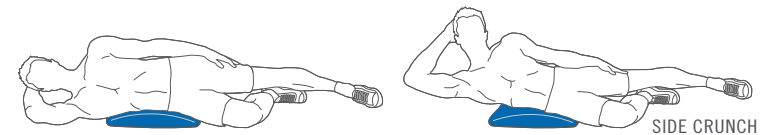
THE EVERLAST AB MAT PROVIDES:

The full range of motion necessary to work the entire Abdominal muscle group.

A variety of exercises that isolate upper and/or lower abs, as well as the obliques and lower back muscles.

A safe, comfortable design contoured to your lower back Which helps to prevent injury and supports your spine.

SKU: EVAB4S06 **COLOR:** Blue

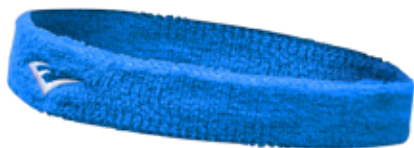


FITNESS ACCESSORIES



Perfect For Any Sport
Lightweight Headband That Keeps Your Sweat And Hair Off Your Eyes
Breathable Fabric To Keep Your Head Feeling Cool And Dry
Absorbs Moisture Allowing You To Focus On What You're Doing
Embroidered Logo

1.5" HEADBAND



SKU: EVHB6C353
COLOR: Royal Blue



SKU: EVHB6C354
COLOR: White



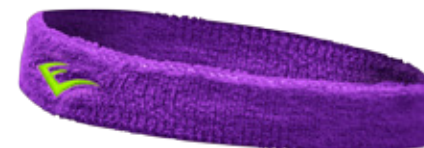
SKU: EVHB6C351
COLOR: Black



SKU: EVHB6C352
COLOR: Navy



SKU: EVHB6C355
COLOR: Pink



SKU: EVHB6C356
COLOR: Purple

2" HEADBAND



SKU: EVHB6C501
COLOR: Black



SKU: EVHB6C502
COLOR: Navy



SKU: EVHB6C503
COLOR: White

2" WRISTBAND



SKU: EVWR6C204
COLOR: White



SKU: EVWR6C201
COLOR: Black



SKU: EVWR6C202
COLOR: Navy



SKU: EVWR6C203
COLOR: Royal Blue



SKU: EVWR6C205
COLOR: Pink



SKU: EVWR6C206
COLOR: Purple



MICROFIBER GYM TOWEL

IDEAL FOR GYM WORKOUT, SWIMMING AND TRAVEL.

Super absorbent

Antibacterial - keep your towel fresh and away from mildew & germ.

Ultra compact & light weight - easy to carry.

They can do their job well as travel towels or sports towels.

Also they are ideal for beach, travel, camping, swimming, backpacking, gym.

FEATURING
EVERDRI™
TECHNOLOGY

SKU: EVMT7L112 **COLOR:** Grey

SKU: EVMT7L113 **COLOR:** White

SKU: EVMT7L114 **COLOR:** Navy

ANTI-BACTERIAL
80 X 40cm



MICROFIBER CHAMOIS TOWELS

SUITABLE FOR USE AT: GYM OR FITNESS CLUB, SAUNA OR SPA,
HOME, HOTEL OR TRAVELLING AND EVERY OUTDOOR ACTIVITY

Microfiber chamois towels, ultra absorbent fabric Quick drying, soaks up water like sponge,
then wrings out water almost completely dry.

Re-usable mesh pouch ideal for everyday work out.

Super light weight and packable.

FEATURING
EVERFRESH™
TECHNOLOGY

SKU: EVCT7S171-BL **COLOR:** Blue

SKU: EVCT7S171-LM **COLOR:** Lime

SKU: EVCT7S171-PR **COLOR:** Purple

ANTI-BACTERIAL
80 X 40cm

FITNESS ACCESSORIES



**MICROFIBER CHAMOIS TOWELS,
ULTRA ABSORBENT FABRIC
QUICK DRYING**

EVERLAST




TRITAN BOTTLE

STYLISH,DURABLE,CLEAR, SAFE

Store liquids safely in the -10°C to 96°C temperature range.

Convenient carrying lanyard handle.

Easy to use with single click push bottom lid.

Quality Tests : LFGB / SGS / BPA FREE

SKU: EVTB9U101 COLOR: Grey **1000ml**
SKU: EVTB9U102 COLOR: Blue **100% BPA-FREE**

SKU: EVTB9U651 COLOR: Grey **650ml**
SKU: EVTB9U652 COLOR: Pink **100% BPA-FREE**



HYDRATION



TRITAN BOTTLE

STYLISH,DURABLE,CLEAR, SAFE

Store liquids safely in the -10°C to 96°C temperature range.

Convenient carrying lanyard handle.

Easy to use with single click push button lid.

Quality Tests : LFGB / SGS / BPA FREE

SKU: EVT9U511 COLOR: Black **500ml**

SKU: EVT9U512 COLOR: Blue 100% BPA-FREE





PREMIUM INSULATED WATER BOTTLE 425ml.

INSULATED TECHNOLOGY

The double-wall construction of our insulated water bottles creates a thermal barrier of air to keep heat out and cold in.

Foil layers reflect solar rays for additional thermal protection.

This insulated bottle keeps liquid cold twice as long as Conventional bottles.

100 PERCENT BPA-FREE

Constructed of low density polyethylene

100% BPA-FREE

SKU: EVIB5P425-BK **COLOR:** Black

SKU: EVIB5P425-BL **COLOR:** Blue

SKU: EVIB5P425-CH **COLOR:** Charcoal

425ml
INSULATED
BOTTLE



INSULATED WATER BOTTLE 750ml

INSULATED TECHNOLOGY

The double-wall construction of our insulated water bottles creates a thermal barrier of air to keep heat out and cold in.

Foil layers reflect solar rays for additional thermal protection.

This insulated bottle keeps liquid cold twice as long as Conventional bottles.

100 PERCENT BPA-FREE

Constructed of low density polyethylene

Also keeps warm beverages warm during cool weather rides

100% BPA-FREE

SKU: EVIB5P750 **COLOR:** Blue

SKU: EVIB5P752 **COLOR:** Orange

SKU: EVIB5P754 **COLOR:** Navy

750ml
INSULATED
BOTTLE

HYDRATION

EVERLAST

425ml
INSULATED
BOTTLE

DUAL-WALL INSULATION
KEEPS DRINKS COLD
LONGER WITHOUT
SWEATING





SHAKER 700ml

LEAK PROOF CAP

Having a convenient loop and fill cap design, it gives you easy access to pour any liquid and blend it to fit your needs.

700ml capacity, 100% BPA-free plastic that is safe in the dishwasher and freezer.

The blender is powerful and can mix even the thickest of the ingredients, which makes it a perfect product to consume those thick and delicious protein shakes.

SKU: EVSH7Y071 **COLOR:** Black

SKU: EVSH7Y072 **COLOR:** Blue

SKU: EVSH7Y073 **COLOR:** Orange

700ml
100% BPA-FREE



SHAKER BOTTLE 650ml

CONSTRUCTED OF LOW DENSITY POLYETHYLENE

Besides creating the perfect shake, it allows you to store and carry what you need in your daily active life.

100% Bpa-free plastic that is safe in the dishwasher and freezer provides perfect pre- and post-workout supplements storage in separate compartments.

MIXING & STORING

Our bottle's strainer is specially designed to mix powdered drinks with ease And without clumps. Includes storage compartments for nutritional supplements, vitamins, keys, snacks and much more.

SKU: EVSH5P671 **COLOR:** Blue

SKU: EVSH5P672 **COLOR:** Charcoal

SKU: EVSH5P673 **COLOR:** Yellow

650ml
100% BPA-FREE

HYDRATION



**DOUBLE-WALLED AND
VACUUMSEALED.**



800ml INSULATED STAINLESS STEEL BOTTLE

ODORLESS, DURABLE NON TOXIC, ANTI-BACTERIAL LEAK PROOF COVER

Double-walled and vacuumsealed.

keeps contents hot or cold for hours, does not sweat nor burn your hand.

Contoured design - makes the bottle easy to hold.

Removable mesh filter - keeps ice from blocking the drinking spout.

SKU: EVSS7Y301 COLOR: Black

SKU: EVSS7Y302 COLOR: Blue

SKU: EVSS7Y303 COLOR: Pink

800ml
ANTI-BACTERIAL



HYDRATION RUNNING BELT WITH 2 WATER BOTTLES 10 OZ

Comfortable and bounce-free runners belt

Fits snugly enough to always stay comfortably in place.

Includes two 10oz/300mL bottles with push-pull caps for easy access to hydration during your run.

ZIP POCKETS – Front stash pouch for gels, keys etc. Fits 6.5 Inch Smartphones.

SKU: EVHY9X259 **COLOR:** Black / Neon Yellow



HYDRATION BELT WITH WATER BOTTLE

CAPACITY: 18 oz/535 ml Speed Draw Flask with push/pull Race Cap, Expandable zippered stretch pocket keeps essentials

Fully adjustable strap to accommodate your waist.

Running belt with multifunctional pockets.

Zipper pocket to hold smartphones, keys, money, inhaler, and other essentials.

SKU: EVHY9X065 **COLOR:** Neon Yellow



HYDRATION BELT WITH WATER BOTTLE

CAPACITY: 18 oz/535 ml Speed Draw Flask with push/pull Race Cap, Expandable zippered stretch pocket keeps essentials

Fully adjustable strap to accommodate your waist.

Running belt with multifunctional pockets.

Zipper pocket to hold smartphones, keys, money, inhaler, and other essentials.

SKU: EVHY9X003 **COLOR:** Melange Gray



FIT BELT WAIST PACK

Comfortable and bounce-free runners belt
Fits snugly enough to always stay comfortably in place.
No matter how rigorous your workout gets, this exercise belt
Is guaranteed not to bounce or ride up your waist.

SKU: EVWB6I231 **COLOR:** Neon Yellow

SKU: EVWB6I232 **COLOR:** Neon Pink

SKU: EVWB6I235 **COLOR:** Black



FITNESS TRAINING WAIST PACK

6 cm wide 25cm long
Adjustable strap through the releasable buckle to ideal length
Great for sport, running or travelling
Pocket holds small phones, keys, money and other essentials
Comfortable soft elastic prevents chaffing while sturdy
Buckle and glides provide stability for the most active users

SKU: EVWB6I841 **COLOR:** Black

SKU: EVWB6I842 **COLOR:** Blue

SKU: EVWB6I843 **COLOR:** Neon Green



GYM WAIST BAG

Your running and workout essentials are close at hand and easy to access with this convenient unisex gym waist bag. A strong rear back clip fastens the stretch band securely around your hips to reduce bounce and distractions. Stash your phone, energy supplements and keys in the expandable pocket with easy open, zipper at the top.

In the back of the waist bag you can take out the cord of your earbuds from an rubber exit.

Adjust the belt to your perfect size.

This waist belt can be worn over or under your running tops, won't add bulk and is an essential for all gym workouts, also when going out, distance road and trail runners.

29.5cm x 6cm

SKU: EVWB0W801 COLOR: Black

SKU: EVWB0W802 COLOR: Camo

Back detail



RUNNING BELT

Your running and workout essentials are close at hand and easy to access with this convenient unisex gym waist bag. A strong rear back clip fastens the stretch band securely around your hips to reduce bounce and distractions. Stash your phone, energy supplements and keys in the expandable pocket with easy open, zipper at the top.

Adjust the belt to your perfect size.

This waist belt can be worn over or under your running tops, won't add bulk and is an essential for all gym workouts, also when going out, distance road and trail runners.

33cm X 12cm

SKU: EVWB9X081 COLOR: Black

SKU: EVWB9X082 COLOR: Blue



+50 UV PROTECTION ARM SLEEVES

ADULTS, UNISEX / UNIVERSAL SIZE
Uv Protection 50+
Breathable Fabric With Moisture Control
Maximum Stretch For Snug Fit
Gripper Elastic Keeps The Sleeves In Place

XS S M L XL

SKU: EV7UVS101 **COLOR:** Black



CALF COMPRESSION SLEEVES

CALF SUPPORT-SHIN SPLINT RELIEF DECREASED FATIGUE-INCREASED CIRCULATION
ADULTS, UNISEX / UNIVERSAL SIZE

Improved circulation and faster muscle recovery:
The compression in each pair of leg sleeves helps to improve venous return, increasing blood flow and circulation.
This leads to faster muscle recovery time, as muscles receive more of the oxygenated blood they need to recover.
It is also good for traveling, as it helps to reduce leg swelling.

**ONE
PAIR
ONE
SIZE**

SKU: EVCL6F001 **COLOR:**Black




COMPRESSION



EVERLAST

FITNESS
ACCESSORIES



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